CSIT SWIMMING CHAMPIONSHIPS 24.-28.8.2022 OULU, FINLAND

Program

Wednesday 24th of August

- Arrival to Oulu
- Accommodation & accreditation at Scandic Oulu City hotel. Address: Saaristonkatu 4, 90100 Oulu.
- Lunch 11.30 – 13.00 & dinner 18.00 – 20.00 | Oulu swimming hall (Oulun uimahalli)

Thursday 25th of August

- Breakfast 6.30 – 9.30 | Scandic Oulu City hotel
- Lunch 11.30 – 13.00 | Oulu swimming hall
- Training time possibility from 16.00 to 20.00 | Oulu swimming hall
- Technical meeting at 17.00 | Oulu swimming hall
- Dinner 18.00 – 20.00 | Oulu swimming hall
- A welcoming event in the city center 19.00 - 20.30 (head of delegation, coaches) | Aleksinkulma, Aleksanterinkatu 9

Friday 26th of August

- Breakfast 6.30 – 9.30 | Scandic Oulu City hotel
- Warm up at 8.00 – 9.40 | Oulu swimming hall
- Competition, session 1 at 10.00 – 13.00
- Lunch 12.00 - 14.00 | Swimming hall
- Warm up at 15.00 - 16.45
- Opening ceremony at 16.40 – 17.00 (flag procession and welcoming speech) | by the pool
- Competition, session 2 at 17.00 – 20.30
- Dinner at 19.00 – 20.30 | Swimming hall

Saturday 27th of August

- Breakfast 6.30 – 9.30 | Scandic Oulu City hotel
- warm up at 8.00 – 9.40 | Oulu swimming hall
- Competition, session 3 at 10.00 – 13.00
- Lunch at 12.00 - 14.00 | Oulu Swimming hall
- Warm up at 15.00 - 16.30
- Technical meeting at 15.00 | Oulu Swimming hall
- Competition, session 4 at 17.00 – 20.30
- Dinner | 19.00 – 20.30 | Oulu Swimming hall

Sunday 28th of August

- Breakfast 7.30 – 9.30 | Scandic Oulu City hotel
- Check out by 12.00 pm
- Return to home starts

Useful websites:

Accommodation: https://www.scandichotels.fi/hotellit/suomi/oulu/scandic-oulu-city (FI)
https://www.scandichotels.com/hotels/finland/oulu/scandic-oulu-city (EN)
Oulu Swimming hall: https://www.ouka.fi/oulu/swimming hall
Information about Oulu: https://visitoulu.fi/oulu/ (FI) https://visitoulu.fi/en/oulu-2/ (EN) https://www.oulu2026.eu/ (FI)
https://www.oulu2026.eu/en/frontpage/ (EN) https://ouka.fi/oulu/english
Organizing club Oulun Lohet: https://www.oulunlohet.fi/
Organizing club Haukiputaan Heitto: https://www.haukiputaanheitto.fi/lajit/uinti/
TUL: https://tul.fi/
TUL Oulu region: https://tul.fi/oulun piiri/
Restaurant Nallikari Oy at the swimming hall: https://www.nallikarioy.fi/
IC Control LiveTiming: https://livetiming.fi/index.php?cid=6727

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Friday 26.8.2022

Friday morning session at 10.00, warm up at 8.00

1. 200 m medley, G-13, G-15, G-17, W-24, W25+
2. 200 m medley, B-13, B-15, B-17, M-24, M25+
3. 50 m breastsroke, G-13, G-15, G-17, W-24, W25+
4. 50 m breastsroke, B-13, B-15, B-17, M-24, M25+
5. 100 m free style, G-13, G-15, G-17, W-24, W25+
6. 100 m free style, B-13, B-15, B-17, M-24, M25+
7. 4 x 100 m medley relay, G-13, G-15, G-17, W18+
8. 4 x 100 m medley relay, B-13, B-15, B-17, M18+

Medal ceremony

Friday evening session at 17.00, warm up at 15.00

9. 200 m butterfly, B-13, B-15, B-17, M-24, M25+
10. 200 m butterfly, G-13, G-15, G-17, W-24, W25+
11. 400 m free style, B-13, B-15, B-17, M-24, M25+
12. 400 m free style, G-13, G-15, G-17, W-24, W25+
13. 50 m backstroke, B-13, B-15, B-17, M-24, M25+
14. 50 m backstroke, G-13, G-15, G-17, W-24, W25+
15. 100 m breastsroke, B-13, B-15, B-17, M-24, M25+
16. 100 m breastsroke, G-13, G-15, G-17, W-24, W25+
17. 4 x 50 m medley relay, B-13, B-15, B-17, M18+
18. 4 x 50 m medley relay, G-13, G-15, G-17, W18+

Medal ceremony

Saturday 27.8.2022

Saturday morning session at 10.00, warm up at 8.00

19. 200 m backstroke, G-13, G-15, G-17, W-24, W25+
20. 200 m backstroke, B-13, B-15, B-17, M-24, M25+
21. 100 m butterfly, G-13, G-15, G-17, W-24, W25+
22. 100 m butterfly, B-13, B-15, B-17, M-24, M25+
23. 50 m free style, G-13, G-15, G-17, W-24, W25+
24. 50 m free style, B-13, B-15, B-17, M-24, M25+
25. 200 m breastsroke, G-13, G-15, G-17, W-24, W25+
26. 200 m breastsroke, B-13, B-15, B-17, M-24, M25+
27. 4 x 100 m free style relay, G-13, G-15, G-17, W18+
28. 4 x 100 m free style relay, B-13, B-15, B-17, M18+

Medal ceremony

Saturday evening session at 17.00, warm up at 15.00

29. 200 m free style, B-13, B-15, B-17, M-24, M25+
30. 200 m free style, G-13, G-15, G-17, W-24, W25+
31. 50 m butterfly, B-13, B-15, B-17, M-24, M25+
32. 50 m butterfly, G-13, G-15, G-17, W-24, W25+
33. 100 m backstroke, B-13, B-15, B-17, M-24, M25+
34. 100 m backstroke, G-13, G-15, G-17, W-24, W25+
35. 4 x 50 m free style relay, B-13, B-15, B-17, M18+
36. 4 x 50 m free style relay, G-13, G-15, G-17, W18+

Medal ceremony